



Public Health
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NORTH CENTRAL PUBLIC HEALTH DISTRICT

“Caring For Our Communities”

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PSA

Date: November 29, 2017
To: All Media
From: Teri Thalhofer RN, BSN, Director
North Central Public Health District
Subject: **Step It Up! Students – December 6, 2017**



Please join us for the next Step It Up! Students walk-to-school day on Wednesday, December 6, 2017. Students start gathering at 7:15 and the walk to school begins at 7:25 a.m.

Step It Up! Students, is a monthly walk-to-school day! On the first Wednesday of each month, throughout the 2017-2018 school year, Wasco Co. Medical Reserve Corps (MRC) volunteers will chaperone students from the designated starting locations to participating elementary schools.

Starting Locations:

Chenoweth Elementary School: Juanita’s Market at 2865 West 7th St.

Colonel Wright: Parking lot on the corner of West 10th St and Trevitt St.

OR Corner of West 14th and Lincoln St.

Dry Hollow: Parking lot of Gateway Presbyterian Church at 1111 Dry Hollow Rd.

St. Mary’s Academy: Parking lot on the corner of West 10th St. and Trevitt St.

Wasco County MRC chaperones welcome students from each of the participating elementary schools, parents/grandparents, and teachers, to join them on this fun walk to school!

Step It Up! Students aims to show students that they can add walking to their healthy lifestyle, while enjoying a fun time with friends. It’s also a great opportunity for parents/grandparents and teachers to get their walk in first thing in the morning!

(For more information about the Step It Up! Students program, Wasco Co. MRC, or walking as part of a healthy lifestyle, please contact North Central Public Health District at (541) 506-2600 or visit us on the web at www.ncphd.org or our Facebook Page at <https://www.facebook.com/NorthCentralPublicHealth/>.)

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